

SACRED RUN 2006 - Final Updated Schedule 04/22/06					
DAY #	DATE	FROM/TO	MILES	TOTAL MILES	COMMENTS
	Friday, February 10, 2006	San Francisco, CA			Concert in San Francisco
1	Saturday, February 11, 2006	Alcatraz to Sacramento, CA			
		Ferry round trip to Alcatraz			
		Motor from SF to DQ University at Davis, CA			
		Davis, CA to Merced, CA	140	140	
2	Sunday, February 12, 2006	Merced, CA to La Paz, Keene, CA	192	332	
3	Monday, February 13, 2006	La Paz, Keene, CA	35	367	
4	Tuesday, February 14, 2006	La Paz, Keene, CA to Apple Valley, CA	75	442	
5	Wednesday, February 15, 2006	Apple Valley, CA to Parker, AZ	174	616	
6	Thursday, February 16, 2006	Parker, AZ to Phoenix, AZ	156	772	
7	Friday, February 17, 2006	Phoenix, AZ		772	Phoenix Event
8	Saturday, February 18, 2006	Phoenix, AZ to Payson, AZ	78	850	
9	Sunday, February 19, 2006	Payson, AZ to Show Low, AZ	90	940	
10	Monday, February 20, 2006	Show Low, AZ to Socorro, NM	192	1132	
11	Tuesday, February 21, 2006	Socorro, NM to Albuquerque, NM	50	1182	
12	Wednesday, February 22, 2006	Albuquerque, NM		1182	Albuquerque Benefit Concert
13	Thursday, February 23, 2006	Albuquerque, NM		1182	Rest Day
14	Friday, February 24, 2006	Albuquerque to Belen, NM by motor, then to Mountainair, NM	45	1227	
15	Saturday, February 25, 2006	Mountainair, NM to Vaughn, NM	65	1292	
16	Sunday, February 26, 2006	Vaughn, NM to Clovis, NM	118	1410	
17	Monday, February 27, 2006	Clovis, NM to Hereford, TX	57	1467	
18	Tuesday, February 28, 2006	Hereford, TX to Pampa, TX	116	1583	
19	Wednesday, March 01, 2006	Pampa, TX to Hammon, OK	104	1687	
20	Thursday, March 02, 2006	Hammon, OK to Canton, OK	64	1751	
21	Friday, March 03, 2006	Canton, OK		1751	Rest Day
22	Saturday, March 04, 2006	Canton, OK		1751	Pow Wow
23	Sunday, March 05, 2006	Canton, OK		1751	Rest Day
24	Monday, March 06, 2006	Canton, OK to Perkins, OK	85	1836	
25	Tuesday, March 07, 2006	Perkins, OK		1836	Rest Day
26	Wednesday, March 08, 2006	Perkins, OK		1836	Rest Day
27	Thursday, March 09, 2006	Perkins, OK to White Eagle, OK (Ponca City)	55	1891	
28	Friday, March 10, 2006	White Eagle, OK to Red Rock, OK	17	1908	Rest Day
29	Saturday, March 11, 2006	Red Rock to Tulsa, OK	93	2001	Rest Day
30	Sunday, March 12, 2006	Tulsa, OK		2001	Rest Day
31	Monday, March 13, 2006	Tulsa, OK		2001	Rest Day
32	Tuesday, March 14, 2006	Tulsa, OK to Clarksville, AR	207	2208	
33	Wednesday, March 15, 2006	Clarksville, AR		2208	Rest day
34	Thursday, March 16, 2006	Clarksville, AR		2208	Rest day
35	Friday, March 17, 2006	Clarksville, AR to White Hall, AR	142	2350	
36	Saturday, March 18, 2006	White Hall, AR		2350	Rest Day
37	Sunday, March 19, 2006	White Hall, AR		2350	Rest Day
38	Monday, March 20, 2006	White Hall, AR to Star City, AR	35	2385	Women's Run
39	Tuesday, March 21, 2006	Star City, AR to Vicksburg, MS	163	2548	
40	Wednesday, March 22, 2006	Vicksburg, MS to Washington (Natchez), MS	66	2614	
41	Thursday, March 23, 2006	Washington (Natchez), MS to Baton Rouge, LA	95	2709	
42	Friday, March 24, 2006	Baton Rouge, LA to Kenner/New Orleans, LA then caravan to Raceland, LA	71	2780	
43	Saturday, March 25, 2006	Raceland/Houma, LA		2780	Run - Dulac Comm. Ctr to Raceland Concert - E. Houma Recreation Center, 6-10pm
44	Sunday, March 26, 2006	Raceland/Houma, LA		2780	Run - Isle de Jean Charles to Grand Bois Comm. to Raceland



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45	Monday, March 27, 2006	Raceland/Houma, LA		2780	Run - Grand Island Comm. Ctr to Raceland
46	Tuesday, March 28, 2006	New Orleans to Poplarville, MS	96	2876	
47	Wednesday, March 29, 2006	Poplarville, MS to Bay Springs, MS	92	2968	
48	Thursday, March 30, 2006	Bay Springs, MS to Philadelphia, MS	61	3029	
49	Friday, March 31, 2006	Philadelphia, MS		3029	Mississippi Choctaw Powwow
50	Saturday, April 01, 2006	Philadelphia, MS		3029	Powwow and 5k run to benefit diabetes
51	Sunday, April 02, 2006	Philadelphia, MS		3029	Powwow - play Stickball
52	Monday, April 03, 2006	Philadelphia, MS		3029	
53	Tuesday, April 04, 2006	Philadelphia, MS		3029	
54	Wednesday, April 05, 2006	Philadelphia, MS, to Summertown, TN	269	3298	Les' birthday run
55	Thursday, April 06, 2006	Summertown, TN		3298	Finish yesterday's run.
56	Friday, April 07, 2006	Summertown, TN to outskirts of Nashville, TN	49	3347	
57	Saturday, April 08, 2006	Nashville, TN to Oakridge, TN, small ceremony at Y-12 Nuclear Research Facility there, then 23 more miles to Knoxville, TN	193	3540	Nashville Concert 7pm at Brewsters in Lebanon, Tennessee, about 20 miles east of Nashville.
58	Sunday, April 09, 2006	Knoxville, TN		3540	Knoxville Concert 6:30pm at Bissell Park in Oak Ridge, Tennessee, about 20 miles west of Knoxville.
59	Monday, April 10, 2006	Knoxville, TN to Smokey Mountain Peace Pagoda, Newport, TN	58	3598	
60	Tuesday, April 11, 2006	Working rest day at Smokey Mountain Peace Pagoda, Newport, TN		3598	Work day
61	Wednesday, April 12, 2006	Newport, TN thru Gt. Smokey Mtns. to Asheville, NC	71	3669	
62	Thursday, April 13, 2006	Asheville, NC to Charlotte, NC	130	3799	
63	Friday, April 14, 2006	Charlotte, NC to Maxton, NC	109	3908	24-hour Run
64	Saturday, April 15, 2006	Maxton, NC		3908	Rest Day
65	Sunday, April 16, 2006	Maxton, NC		3908	Rest day
66	Monday, April 17, 2006	Maxton, NC to Chapel Hill, NC	100	4008	
67	Tuesday, April 18, 2006	Chapel Hill, NC to Lynchburg, VA	122	4130	
68	Wednesday, April 19, 2006	Lynchburg, VA to Louisa, VA	87	4217	
69	Thursday, April 20, 2006	Louisa, VA to Fredericksburg, VA	57	4274	
70	Friday, April 21, 2006	Fredericksburg, VA to Arlington, VA	50	4324	
71	Saturday, April 22, 2006	Arlington, VA to Washington, D.C.	5	4329	Earth Day Ceremonies, 11AM, Lincoln Memorial